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This book is available at SPARK: Scholarship at Parkland: https://spark.parkland.edu/prospectus_2015/23
Taking Flight
Aviation students earn spot in national flight competition

The Frasca 241 Flight Simulator sits inside Parkland College’s Institute of Aviation at Willard Airport in Savoy, Ill. The simulator is currently used to train students flying the Piper Archer aircraft. Top airplane photo courtesy of the Institute of Aviation.

Parkland College
A flight team from the Parkland College Institute of Aviation at the University of Illinois finished strong during recent regional competitions, qualifying for a national berth.

Parkland scored third-place overall at the National Safety and Flight Evaluation Conference’s (SAFECON) Region 8 competition, held October 7-9 at Lewis University in Lockport, Illinois.

The competition is sponsored by the National Intercollegiate Flying Association (NIFA). Teams competing were Southern Illinois University, Lewis University, Purdue University, Indiana State University, and Parkland College.

Parkland’s team ranked third for both flight events and ground events. Several members on Parkland’s team also received top honors during the competition.

Aviation institute Director Sybil Phillips won the Coach of the Year Award, while students Megan Tomasz of Bement and Fran Tso of China won first and second place, respectively, in the female collegiate aviator category.

The national SAFECON will be held May 9-14, 2016, at the Ohio State University in Columbus. NIFA was formed for the purposes of developing and advancing aviation education; to promote, encourage and foster safety in aviation; to promote and foster communications and cooperation between aviation students, educators, educational institutions and the aviation industry; and to provide an arena for collegiate aviation competition.

Parkland graduate featured on ‘The Amazing Race’

Peter Flesso

A Parkland graduate traveled around the world to compete in the popular CBS show “The Amazing Race.”

Alex Manard of Champaign and his cousin Adam Dingeman of Valley Village, Calif. applied to the CBS show, “The Amazing Race” so they could try going around the world in three weeks from late June to early July of 2015.

According to Manard, he and Dingeman applied to the “Amazing Race” online in April of 2014.

“We got a call in December saying we were under consideration. That following April we got a call saying we were on the show,” Manard said.

The first leg of the contest was in Rio de Janeiro, Brazil, which Manard remembers as “an awesome experience.”

In Rio, the cousins had to play beach volleyball against a local beach soccer team on a volleyball court on Copacabana Beach. Manard called this sport match his “favorite part” of being in Rio. At the end of the episode in Rio, Manard and Dingeman were in sixth place.

Manard remembers his second leg of the trip in Buenos Aires as being first and second place, respectively, in the female collegiate aviator category. The national SAFECON will be held May 9-14, 2016, at the Ohio State University in Columbus. NIFA was formed for the purposes of developing and advancing aviation education; to promote, encourage and foster safety in aviation; to promote and foster communications and cooperation between aviation students, educators, educational institutions and the aviation industry; and to provide an arena for collegiate aviation competition.

Photo courtesy of CBS

“The Amazing Race” is an international television survival competition series that has been running since 2001 on CBS.

The show takes two teams of two people on a journey around the world where they complete challenges and tasks to earn money for their charity.

Manard and Dingeman were in sixth place.

According to Manard, he and Dingeman applied to the “Amazing Race” online in April of 2014.

“The Amazing Race” featured six teams from the United States to compete in the first international competition.

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Gaming culture prevalent on 88.7

Photo by Deane Geiken | Parkland College

Parkland students Wes Sites (left) and Jason Hays (right) co-host the radio show “Afternoon Delight” on 88.7 WPCD at Parkland College’s radio station.

Zach Trueblood

Geek and nerd pop culture has permeated society as of late and although these themes, concepts, and interests have always been there for those looking for them, becoming mainstream was a result of a recent occurrence.

The Entertainment Software Rating Board found that 67 percent of households owned videogames in the United States back in 2009. Statista, a global market research company, estimates that videogame industry to generate around 115 billion dollars in revenues in 2015.

“There is no difference between the guy who can quote football and baseball stats, as there is to the guy who can quote rules in a roleplaying game, board game, or videogame. One is just more socially accepted than the other and that’s kind of unfair,” Deane Geiken the radio director here at Parkland, stated.

Geiken is an avid gamer; both in board games and videogames. He hosts his own morning show on 88.7 titled “Geeking with Geiken.”

“My show is maybe a little bit more wide, they’re all notable, but I like to get into the deeper parts of a game. Geiken said.

88.7 WPCD FM is Parkland College’s own radio station. As director, Geiken feels that this year the station has a bit more of a geeky slant to it—whether that’s in the shows or the DJs themselves.

88.7 also has two other shows centered around geek, gaming, and popculture. One of those is “Afternoon Delight” hosted by Jason Hayes and Wes Sites. The other is “The Rugge Nord” hosted by Ryan Marshall and Tommy Trace.

Manard and Hayos show “Afternoon Delight” was started when both were students and in a communications class that required a team project.

They bonded over the fact that both loved video games.

“We went about five years from when we were students to when we restarted the show this past year,” Hayos said. “We kind of threw the idea around the fact that both loved video games. We went about five years from when we were students to when we restarted the show this past year.”

Hayos and Manard bonded over the game of video games.
Parkland students gather around a horse during one of Parkland’s first Equine Management classes in 1975.

Staff Writer
Sarah Powers

Parkland the same year as the department, who started at business and agri-sciences Bruce Henrikson, chair of the department, says funding, which ultimately led to a decline in program offerings, which ultimately brought department leaders to the difficult decision. Students currently enrolled in the program will finish out their classes and receive the last Equine Management A.A.S. degrees Parkland will ever offer.

“The equine program has always been small in terms of enrollment for years, but it hasn’t always been that way,” says Terri Harshbarger, chair of the business and agri-sciences department, who started at Parkland the same year as the program.

As the program grew from its start in 1975, staff believed the equine facility was essential to courses.

Parkland is one of two schools in the state that offer a two-year equine sciences degree without an equine facility, a fact that the college could not provide students with the robust educational experience originally intended.

Several plans were laid to build a student’s art equine facility on campus, to be called the Illinois Equestrian Center, in 1977, that would serve as training grounds for animal science classes, as well as the Parkland and University of Illinois H.S.S. equine teams.

As enrollment numbers began to fall, building the Illinois Equestrian Center also began to be viewed from students in from across the state. However, without being able to meet fundraising goals, the facility was never built.

Even with plans for improving the equine education at Parkland, there still is the issue that there aren’t enough students to complete the program.

“There’s not a lot of horse jobs around here, but occasionally you see ads in the paper for horse jobs, but for that you also need a barn. Not a lot of people have the assets to make that a reality,” Henrikson said.

According to the Horseman’s Council of Illinois, the Illinois horse industry produces $2.5 billion over $3.5 billion and provides almost 16,000 full-time jobs. However, an equine science associate degree is one of the few that has the lowest graduate employment rates.

This pushes a lot of students to the realization that more schooling is necessary to have a secure position in the equine industry, or even that a different career path may be the best decision.

“Being in the teaching is a key part of the business practices of running a horse barn, but I’m also getting a degree in welding for backup,” said Louri Daugherty, one of the last students going through the degree program. Daugherty would like to own her own horse farm one day.

When the last of the students finish their degrees, there will no longer be any equine classes for credit, but several still is the issue that there aren’t enough students to complete the program.

While the equine science courses offered at Parkland are diverse, there are not enough students to complete the program.

Staff Writer
Sarah Powers

Sarah Powers

Matthew Moss

Why should a student take political science? It’s a question one Parkland College professor can answer with ease.

“Political science is one of the fastest growing majors in the country,” Willie Fowler said, the instructor in charge of setting up political science courses at Parkland. “There are 72 sub-fields of political science.”

Parkland’s core curriculum requires each student to take and pass at least three social and behavioral sciences courses to graduate. Political science is grouped under this category.

The political science courses offered at Parkland can not only teach the essence of politics and how the political system operates, but introduce students to many different ways of thinking.

“Politics is the art of the profession; it’s the art of getting things done.”

Joseph Walwik
Head of the Social Sciences and Human Services Dept.

political science courses teach students the important knowledge of the operations of their government and how to hold their government leaders accountable, as well as understanding how to effectively participate in politics. A student can gain a greater knowledge of how to access the system, how to get their voice heard in government,” Fowler said.

There are four different political science courses a Parkland student can take. These are introduction to political science, American national government, state and local government, and international relations.

Political science is part of the social sciences and human services department. Aside from political science, the department also offers courses on anthropology, economics, political science, psychology, sociology, and many other fields of study.

Fowler says that political science courses teach students such important topics as understanding how governments are formed and operate in different parts of the world and different points throughout history. “The foundations that different governments are based on is what political science is about,” said Harshburger. “If you go around the world, there are various ways in which to construct or erect those foundations.”

Joseph Walwik, head of the social sciences and human services department, says that politics is an important aspect of society and is a topic everyone should learn before going through the world.

“Politics is the art of what we do. It’s the art of compromise; it’s the art of getting things done.”

Walwik says there are a prevailing belief that the focus of political science is on political parties, a topic that can be rather divisive. He insists that while political parties are brought up in political science as an unavoidable element of politics, the focus of these courses is on studying how politics operates and how the people who take part in it interact.

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Parkland to highlight respiratory care program next week

Zach Troubouhd
Staff Writer

The respiratory care program, one of Parkland’s health professions, is a clinical curriculum that makes sure the pulmonary system is functioning properly. The Respiratory Care Club has a number of events planned for Respiratory Care Week this week of Oct. 25.

In observance of Respiratory Care Week October 25-31, the respiratory care program will host an open house on Thursday, Oct. 29 from 10 a.m. to 1 p.m. in room L241. All students and staff are encouraged to come and see the exciting field of respiratory care.

Respiratory Care Club advisor Molly Martin said the club will be using this week to show people what they do and how the club is designed for their mentorship of respiratory care students.

Gwendolen Rakalla is a respiratory care program advisor for the Respiratory Care Club. A few of Rakalla’s duties as vice president include informing the class about the Respiratory Care Club and arranging for 30 minutes of RCF meetings, being a strong advocate of the respiratory care program, and attending leadership conferences.

This upcoming Respiratory Care Week is very important to the respiratory care program at Parkland College because it recognizes the importance of the respiratory care profession and promotes awareness of lung health issues and practices,” Rakalla said. “It allows us to inform people about their patients and their families in their battles against lung disease, educate by taking awareness of lung diseases such as asthma and COPD to the community, inspire others by building the desires in others to enter the respiratory care profession.”

Rakalla works alongside Respiratory Care program director Midge Seim in the statements that respiratory care program director Midge Seim stated.

Parkland student Robert Johnston reasts his head while waiting to get a massage in the Comfort/Meditation Room, located in Student Life, on Friday, Oct. 16, 2015.

Comfort/Meditation Room, located in Student Life, on Friday, Oct. 16, 2015.

Photo courtesy of Molly Martin | Parkland College

Seim explained that this sentiment reinforces the statement that respiratory care program director Midge Seim made. "Sometimes the anxiety itself interferes with sleep. Some people sleep too much, some people feel fatigued and wake up too early. It's very important to relax those kinds of repercussions," Klatsky said.

Physical exercise is important to relax those muscles. If the muscles are relaxed you can sleep or function better in general. "There's a tremendous amount of research that shows physical exercise as an effective tool in reducing stress. All of these tools can be beneficial in reducing stress," she said.

Klatsky encourages more people to do what is called an intake. A page needs to be filled out, and a counselor is assigned based on what kind of issues the student is struggling with. It is completely confidential and nothing is said put on record.

"Lots of anxiety is normal. It's normal to be anxious about a test. A certain amount of that adrenaline rush is going to help you perform better. Anxiety that interferes with daily functioning is where you draw the line," Klatsky said.

"This room is so comfortable," she said. "I think that students who are looking for a quieter place should just come in and sit down and relax for a little while." She said.

"There is also free tea to choose from if students or staff are feeling a bit of a need," she said.

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ManchargedaftercallingTVstationaboutgirl's1982death

**GregMoore**

MILWAUKEE (AP) — Authorities have charged a man with second-degree murder after he called a Milwaukee TV newsroom about a girl's 1982 death. Authorities have charged a man with second-degree murder after he called a Milwaukee TV newsroom about a girl's 1982 death.

The case resurfaced last week when WISN 12 News reported that Ferreira called its newsroom and discussed the case.

"His story was very detailed — disturbingly so," Chris Gugg, the station's news director, said in a statement emailed to The Associated Press on Sunday. The story did not elaborate about those details, but said the station police called because of "suspicious flags." Ferreira was later arrested in the case which had long been dormant.

"It was 13 years since she's been gone," the girl's mother, Carolyn Tousignant, said after Ferreira was taken into custody. "I was pretty much living for this day." The case resurfaced last week when WISN 12 News reported that Ferreira called its newsroom and discussed the case.

"I never put it out of my mind," said Tousignant. "Every time I watch 'Cold Case' or some other detective show, I would hope and pray that one of these days we will get the perp who did that to Carrie." Tousignant's statement was confirmed via email Ferreira's attorney, Melissa Supramoni, didn't return a message from The Associated Press seeking comment Sunday.

"I don't elaborate about those details, but said the station police called because of "suspicious flags." Ferreira was later arrested in the case which had long been dormant.

"I miss her," she added, "so much."

"He was heading in the right direction, he was going to be somebody," Gauss said. "ASA football coach Ernest Jones told the newspaper Taylor "stood out." He was a walk-on player and was one of it 60 or 70 who made the cut in August tryouts. The annual festival had been expected to draw more than 25,000 fans dressed as zombies. A statement on the ZombiCon Facebook page said organizers were saddened by the news and the group takes the safety of its patrons very seriously. "ZombiCon has been a popular event for nearly a decade, but some local residents and business owners have not welcomed the crowd of costumed revelers in the street dressed as limp, bladed, distinguishing corpses. One restaurant posted sign warning visitors that ZombiCon participants were not welcome. "Quarantined. No Zombies allowed," the sign read. Several members from a religious group also picketed the event this weekend.

Mayor Randall P. Henderson Jr. said the shooting would speed up plans to install security cameras throughout downtown. The ZombiCon shooting is the latest of several shootings, which the mayor said are "few and far between" and something they saw open random and unprovoked.

Yet he said the cameras would make it easier to catch criminals quickly. "Sadly, we're moving in that direction. We're being more vigilant to keep citizens safe," he said.
"extremely cool" because they get to study in the church where Francis of Assisi was baptized. Seim also enjoyed collecting cardboard with the recyclable collectors, known as cartoneros, of Buenos Aires.

"Adam and I were having so much fun just being ourselves and collecting cardboard," Manard said.

Before Manard went to "The Amazing Race," he went to Parkland College.

He fondly remembers receiving his coaching license from kinesiology instructor Chris Warren.

"Chris Warren was one of my favorite professors at Parkland. He helped and taught me so many different things about the human body and the kinesiology program at Parkland. He is an awesome professor and person and I definitely recommend him to anybody and everybody," Manard said.

Warren said he remembers Manard, an someone who was "small in stature but has a big personality," when he recommended him to anybody and everybody.

"We called him 'Big Al' in the beginning," Warren said.

Warren believed that Manard enjoyed kinesiology classes because students would often have discussions about their kinesiology classes.

Study Abroad

At Parkland College, a person does not necessarily have to travel far to see the world. Parkland College offers trips to Austria, China, Costa Rica, Ecuador, England, France, Ireland, and Spain. According to Andy Lattimore, the study abroad coordinator, Parkland College and other community college share the same goal.

"We've learned to be more open to all people from all over the world," Lattimore said.

"We're used to be patient with each other when we don't know the right word to say in French or Spanish. It doesn't matter where we are from or what we look like, at the end of the day we all want to be heard, we all want to be understood and we all want to be appreciated," she added.

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"It's just another form of fandom and loving what you do, " Geiken said. "but they could be more lurred about what they do, expressing that you love it and not caring what anyone else thinks," Geiken said.

"I don't know how to put it into words, the overwhelming feeling of gratitude to be able to go to school [in Dijon] with people from all over the world, France has given me the opportunity to learn French and also learn more about people [from all over the world]," Caitlin said.

"We've learned to be patient with each other when we don't know the right word to say in French or Spanish. It doesn't matter where we are from or what we look like, at the end of the day we all want to be heard, we all want to be understood and we all want to be appreciated," she added.

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11 of the clues are partial – they have no definitions. Their answers all belong to a group. The missing member of this group should be written under the grid.

Missing member of group:

ACROSS
1 A guitar section playing with Dire Straits (11)
7 Return loan of transport (3)
9 Important businessman shortly scolds and curses (9)
10 One has to leave an abusive woman (5)
11 A diamond in Italy? (6)
12 Loses one’s temper when trousers are lifted? (6,2)
14 Character in Greek semi-chorus (6)
16 Eastern girls love a frolic here? (8)
19 Make a trip to a Greek island to see the birds (8)
20 The Spice’s split up... (4)
21... as Geri heads off to America after a... (8)
24... chart rating finds Spice’s current number going from No 1 to No 6 (6)
27 A right that is given to society (5)
29 Is able to get hold of cut price alternative (9)
30 It was familiar to Tolstoy (3)
31 Mallard perhaps or cuckoo nesting around river, note (5.6)

DOWN
1 Sense the French to be involved with trickery (7)
2 Good metal alloy, with no hint of tarnish, should (5)
3 Eight-legged creature is a natural mutant – time’s involved (9)
4 A new note given in advance payment (4)
5 Fashionable journalist, describing passionate lust, caused offence (8)
6 River has no point to divide (5)
7 Lawyers can be a joke in Scotland (3)
8 Score after whistle has finally gone: 3.14 to nil (7)
9 Of minerals containing mixture of silicon and aluminium compounds, principally (5)
13 A vulture you are, you b——, you, you hear! (5)
15 A number coming in to follow Labour (7)
17 Better is in a race, showing vigour (8)
18 Magical little man is discovered in little house, married to a relative (8)
19 A number coming in to follow Labour (7)
21 Street on the Andes, say? That’s odd (7)
22 First off, searches person for weapons to eliminate these? (5)
23 If short sleeved bodice worn by melancholic (5)
26 Plans to return junk mail (4)
28 Affirmation made at the altar – in this language? (3)
NEW YORK (AP) — Oprah Winfrey is paying about $43.2 million for a 10 percent stake at Weight Watchers and is joining the weight management company’s board.

Shares of Weight Watchers International Inc. said in a filing with the Securities and Exchange Commission on Monday that as part of a five-year agreement, Winfrey has given the company the right to use her name, image, likeness and endorsement of the company, its programs, products and services. The agreement is for five years, which may be extended at the option of the parties.

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Winfrey is buying approximately 6.4 million shares of Weight Watchers at $6.79 per share. She will also receive options to buy an additional 8 percent of the company’s fully diluted shares.

The New York-based company’s board expands from nine to 10 members with Winfrey’s addition.

The agreement has additional terms, one of which authorizes Winfrey’s term on the board to expire in 2016.

According to a Food & Wine America study, 36 percent of Americans have to make a choice between paying for food and paying for other essentials like gas for the car, paying for housing and paying for medical expenses. When food stamps and pay checks are running low the pantry aims to rescue families and give them one extra week to make it through the month, without having to decide between food and other basic needs.

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Lamar Odom taken from Las Vegas hospital to Los Angeles

Sally Ho

Christopher Weber

Italics and Bold

Parkland’s golf team practices on Wednesday, Oct. 14, 2015.

She did not say where he was taken in Las Angeles.

The statement from the Mercer and Odom families thanked the hospital and Odom’s fans and said his children, Khloe Kardashian, his father and his two children from a previous relationship are with him.

“The family has received strength from the outpouring of support from Odom’s fans, she said.

“Since day one, Dom has been a hard worker, always the first to get here and first to leave. He’s always been a good player, so if the worst just gets a little more confusion under his belt,” Sebens said.

She did not say where he was taken in Los Angeles.

Knight has also had an impact on roommate Josh Lamb’s transition. Lamb came over this year to play from Scotland.

“Since day one, Dom has been a hard worker; always the first to get here and first to leave. He’s always been a good player, so if the worst just gets a little more confusion under his belt,” Sebens said.

She did not say where he was taken in Los Angeles.

Knight said.

As Knight says, “It’s obviously the fall gives us a special year,” Sebens said.

“We’re not trying to go out and just see how well we can do. The goal is winning every tournament. That includes the National Championship. I think it could be a pretty special year,” Sebens said.

The Nye County Sheriff’s Office is investigating. Test results from blood samples obtained through warrant still are pending, and authorities have not ruled out the possibility of taking action against the brothel or Odom.

Lamar Odom left a Las Vegas hospital and is now in the Los Angeles area after starting the season with a third-place finish, the Cobra golfers have unleashed a tear of three straight team wins, including a Midwest Athletic Conference (MWAC) championship win. Leading the team is sophomore Dom Knight, who also fl irted with a few first place individual fi nishes, found the top spot at the Millikin Invite. As Knight says, “It’s obviously the fall gives us a special year,” Sebens said.

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