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Time

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WPCD 88.7 FM student DJs give unique shows

Emma Gray

Editor

David Saveanu

a second-year English major at Parkland. He plans on transferring to the University of Illinois to complete his degree. He is also a writer for the Prospectus.

Saveanu says his interest in English did not begin until late into his high school career. “In high school I was like a pretty bad kid and I thought that school wasn’t for me,” said "I never really felt like I belonged. So I just could feel. So I just

Instead of studying hard I was involved in a lot of different sports including basketball, track and field and cross country.

Seymour Junior High School was his running coach and he has been coaching runners that attend the Parkland running club for the many past years. He saw a need to have another WPCD DJ, sees running regardless of ability.

Two students are being hosted on WPCD 88.7 FM that are a runner and she is every Wednesday night from 6-8 p.m. She has been on the radio since last semester, but she is three weeks into hosting her own show.

“I wanted to be a communications major first,” Brewer said. “Then, I joined the radio and changed my major to radio.

On air, she discusses sport scores,” Allen said. "I am the faculty advisor and one of the most enjoyable qualities of the radio is being able to enjoy the quality of the music that we play between songs.

Running Club starts off year with high hopes

Evony Compton

Staff Writer

The Running Club at Parkland has started its second running season. After a successful first year, the club is looking forward to running, among other things.

Once a week and is advised by Joseph Bails. “I am the facility advisor for the Parkland Running Club and I am a kinesiology instructor at Parkland College," Bails said. “I am a certified running coach with a coaching business I co-own with my wife, and have been coaching track and field and cross country for Mahomet-Seymour Junior High since 2003. The club was started by a small group of students and they approached me to be the advisor."

The Parkland Running Club was started by students who share the love of running. There has not been a long-distance running team at Parkland for a few years, so for some students this club will substitute for a long-distance team.

"There was a student, [Valeria R.], here in the 2015 to 2016 school year that is a runner and she was on a need to have a club for the many past runners that attended Parkland,” Bails said. "I was her running coach and they approached me to be the advisor."
I believe I am the best fit for the Senator position because of my leadership qualities that are required to help other students on campus. As a senator, I want to take part in all the activities that Parkland offers, including my classes and team mates as much as I can. By my yard stick to be a very kind and welcoming person who always puts the needs of others over my own. Some of my values are, team work, honesty, and services to the community and the school. I am a quick learner who can adapt to any situation as they come to me. Furthermore, I have developed great time management skills and always make sure I complete the task at hand efficiently and on time. These are the reasons why I believe I am the best fit for the Senate position.

My name is Patrick Clavey and I am running for the Senator position for the Fall semester. This will be my second year on campus and I am looking forward to being a full-time student. During this time, I plan on becoming more involved in our community through the various clubs and activities available at Parkland. Becoming a Senator allows me to see the needs of others at Parkland, the students, and I want to be someone who can make the change to our student body where it is needed. I enjoy helping other people to find solutions that help everyone be more successful. I hire out my resourcefulness to help others who are in need. I want to bring out the best in others at our school to take advantage of the opportunities available to us. This position on the assumption of Senator at Parkland, we can not only progress in our own careers and lives, but we can help others to do the same to make it even further. I look forward to finding a good senator for you all and hope that you will vote for Patrick Clavey, as Senator this election. Thank you!

I am Israel Gomez, I am currently the president of Club Latinos and former Army veteran. I am applying for the position of senator for the Student Government Organization from Parkland College. I believe I have the qualifications for this position because: as a former veteran, I know to protect the people of United States of America and put their needs before mine. This commitment has followed me for couple years and it will always be important in the future of my life. I believe I have a strong resilience to get things done the right way. Being elected as a senator is more than just attending meetings or good title to be a resume, being a senator is being in the face of your peers, constantly helping Parkland College with pride and stand up for any injustices actions.

My name is Gabrielle Perry and I am a freshman attending as a senator. I come from a diverse background both ethnically and religiously. I grew up by people from India, Peru, Spain, Christ, and Africa. I am very comfortable talking to everyone and everyone I meet. I enjoy learning about others culture and I enjoy talking to others about point of view. I would like to see that these clubs as they continue to grow. It comes to my religious background, my father was protestant and my mother was Catholic. My high school was comprised of people from all religious backgrounds including Hindu, Muslim and Mormon. At my high school we talked about religion openly and one us was moaned for having different beliefs. I want to help the idea of acceptance grow in Parkland. I believe religious freedom is a right to all members of Parkland College. Therefore, I would like to continue to support the religious diversity in our clubs and I also acknowledge that our school has many adult students with children. I fully support the idea of adding a child day care at Parkland College to help people complete their degree. I hope to complete the child day care during my time or at least find my own. I want to help parent at Parkland. As someone entering the complicated field, I understand the importance of being non-judgmental in my later opinions as a senator. As a senator, I will always look at as many perspectives as possible before deciding on a solution to ensure I do not decide based on false or biased information. Overall, I am just a student wanting to grow at Parkland College and I want to grow in knowledge and leadership because my job as student senator would be to help everyone and to bring the best to the forefront of Parkland College.

My name is Terron Miller and I am a freshman at Parkland College. Being a freshman at college can vary in intimidating experience at times, however many opportunities and teachers advice students to take part in clubs and organizations in order to establish relationships and maybe even future resources. I’m running for Student senator because I hope to encourage students to participate in non-judgmental clubs and organization, I feel them doing so as we will learn a lot of things that are offered at our clubs such as leadership because my job as student senator would be to help everyone and find the best things for them to do as my main goal. I just hope to learn and help not only other students but also community service just and finding out the best courses to help Parkland students out because in my years of being in this role for is to students to learn about the college experience and it taught all of us how about we should be leader and strive for the best as a helping senator I’m ready to try to help every student strives for the best in their academics and in their work studies, every student dentist a little of every one in once, as a senator in our annual meetings I have a lot of experience in knowledge to bring to the table because as a freshman I already am learning a lot about what students need and want and I’m ready to support all Parkland students of every age in them striving to be the best all the way Thank You for consideration.

Hello, dear students! I am Santafe Zambrano, a full-time student and a first-generation student. I moved from Colombia, from I am running for Vice-President of the Student Government because I firmly believe that your concerns and interest about our College must be heard. During my first year and a half on campus, I have been able to interact with lots of local students, and I have also been able to attend the huge number of international students that all of us are surrounded by while being enrolled in the ESL program. Also, I have been able to participate in cultural such as the English Conversation Club and the African-American Culture Club in which is served as various. I believe that college and leadership skills along with the many opportunities I have been able to embark on campus and off campus. Hence, I am hoping to propose more participation to women on campus by offering a Women’s Club where our classmates can express their ideas about topics that matter to them. Finally, I want to support all students at the Student Government and with the completion of goals, regardless of different views and needs which is sure to be the best benefit for all of you according believing. As your senator, I look forward to your vote of trust.

I am Kristina Kibech, I came from Algeria 2 years ago, I am an international student attending Parkland College. This is my fourth year in this college, I am currently taking ESL classes in order to apply for immigration status to become an American citizen. As a future nurse, I may work as a translator and a future gynecologist. You might have seen Mrs. Kibech in the math lab. She is a young lady who took your ID picture because I work at the math lab. One of her best friends is already a part of the Student Government Organization and she have enabled me to apply for the Senator position. I want to be part of the Student Government Organization and become senator for multiple things I have been involved in the college life and be able to help fellow student success in life. Also being one oldest sister with a younger sister, I know well help, and protect and be a role model for other people that expect me to help. My family have taught me I could also be a role model for other people that expect me to be a role model for your family. If I become a senator, I am looking forward to the day that can Parkland College memorable for student.
Quinn says he has only returned to classes at Parkland since last summer, he says he has been working on sculptures and art for about 15 years. “It’s a mix of people I tend to like because there’s some adult students that I enjoy teaching for fun and enrichment, so they have some really cool stuff and then there’s some student work that’s (from) younger students that get to put stuff in. Everyone just works together and it’s a nice experience for everyone.”

This year is the first time that Parkland has had an official student-run event at Made Fest. Quinn says he estimated the total number of pieces on sale at the booth mentioned well over 200.

“We position ourselves as a gift shop from the gal- lery that’s been donated,” Quinn said “so all that money goes right back to the gallery.”

Venezia available included pieces of art from a number of Parkland’s art students. The booth also included items from metals, ceramics, paintings, and even textiles.

Quinn said business was off to a good start. “I think we’re about on par with everyone else here,” Quinn said. “It’s been really good.

Because my parents were constantly fighting to get us out of that neighborhood, it was a choice for me to move, and that’s where I went to high school.”

Then after a couple more places we ended up in the suburbs, which was nice, and that’s where I went to high school.”

“We started this business about a year ago,” Quinn said “basically forever.”

We plan to spend the remainder of our time in the United States, but did not begin it here.

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On Sept. 16, 2017, the American Heart Association’s annual Heart Walk in Champaign was held on Parkland’s campus, with crowds nearly twice as big as last year. “Our attendance was almost double from last year,” said Carol Floyd, regional director of the American Heart Association. “That [has] to do with just the right with some new companies and also the help of the Parkland students in general.”

Local businesses around Champaign brought in teams of people to walk. The largest team came from Presence Health, but there were plenty of people from every background at the event, including several survivors of heart attacks and relatives of victims.

Check-in was at 8 a.m., and from then until 11 a.m., the participants were free to roam the tents before a few speakers took the stage to encourage awareness and warm up with everyone else.

The actual walk took the crowds from Parking Lot 6 around the D-wing, splitting off into two paths heading back to the main event area and one that ran an extra few miles around Dodds Park and back to the main event.

There were several different booths set up, each one offering something different. There was a massage booth with both offering water bottles to the walkers, as well as educational booths.

One booth offered blood pressure monitoring, as well as warning signs for heart attacks. It included information on signs of heart attacks in both men and women, as well as ways to reduce the risk of a heart attack. Tips included cutting down on sodium, cholesterol-lowering and other generally unhealthy foods, becoming active, and monitoring blood pressure to make sure it doesn’t cause any problems.

Parkland’s destiny program also offered information on how to prevent heart disease and heart attacks. Explained by them, heart health is directly connected to how healthy your mouth is. If you have gingivitis, a form of gum disease, you are more likely to acquire health complications when you get older. This is because the mouth is directly connected to the heart via blood vessels.

You can tell if you have gingivitis if your gums are red and swollen and hurt when you touch them. Bleeding in the gums is a sign as well. They also offered ways to take care of your teeth, such as brushing twice per day and utilizing different services the Parkland clinic offers, such as examinations, hygiene instruction, and X-rays.

There was also a table giving general tips on how to avoid heart complications, such as pacing yourself throughout the day so that you don’t overexert yourself and making plans to decrease stress.

Heart health wasn’t the only thing showcased at the walk. One of the booths was dedicated to teaching the general public and students alike about signs of a stroke and how to prevent it. It also included keeping low blood pressure and cholesterol, being physically active, avoiding salt and alcohol consumption.

The Heart Walk was put together in order to raise awareness of heart attacks and other heart complications, while also trying to make enjoyable and fun event for the entire family and teaching about how important it is to keep your heart healthy. Champaign’s was just one of many held around the country.

“It was a great experience to be involved in,” said Amy Ratzmiller, a heart attack survivor “I think it raises awareness for heart health in general.”

**Fact or Fiction**

**FACT:** In 2011’s test of the EAS - the first coast-to-coast test of the system - some DirecTV television viewers heard Lady Gaga’s song “Paparazzi” play with the on-screen message. This was due to a technical error on DirecTV’s end.

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THEATRE PROSPECTUS

Opening night of “The Crucible” at Parkland College on Sept. 28 sold out, especially after the success of the Production of That Woman. Following the popularity of the running day can be changed. Due to the number of members needed, the club meets on Thursdays, but if the club’s schedule progresses all that much, Green said.

Audience members can also expect a cast that worked diligently at delivering an accurate and well thought out play. The play will open Sept. 28 with performances on Sept. 29–30 at 7:30 p.m. The final weekend there will be performances at 7:30 p.m. Oct. 5–7. There will be a matinee at 3 p.m. Oct. 1 and Oct. 7. There will be a talk-back at the end of every show, which is an opportunity for audience members to ask questions.

For more information, email theatre@parkland.edu, call 217-371-2528, or visit the theatre's website at theatre.parkland.edu.

HOPES

for a time or two at a time. and showing that maybe we haven't progressed all that much,” Green said. “Most of us are just going through our own personal journey and showing that maybe we haven't progressed all that much,” Green said.

DMX.

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WPCD

“I really, really enjoy it,” Bevrey said. “I was so shy in high school, but this is different.”

Parkland students use WPCD as a medium to communicate with a wide audience. Darin Schmeding hosts a show every Tuesday evening from 6–8 p.m.

“All I really want to do is share the stuff I find out about music, all the time with everyone,” said Schmeding. During Schmeding’s show, he brings artists from the Champaign-Urbana area to talk about local music and perform their music live.

Local electronic musician Stael performed on Schmeding’s show in August. Stael’s music, built described as post-electronic, is created by Austin Damico. Stael posted a new single Tuesday, Sept. 10, coinciding with his Pygmalion performance on Sept. 21. Etimu Elmar is an alternative musician who also appeared on Schmeding’s show. She plays the ukulele and sings. Her newest release is a song called “Lavender.”

There was another appearance from C-O hand Blackmagic on Sept. 9. Blackmagic is a hip-hop group whose members are Vildringa and Blackmagic. Their music is influenced by famous artists like Kanye West and DMX.

“A magic is someone who uses witchcraft and is believed, with good reason, to have things we’d rather not every know. It’s finding that part of our history that we’re proud of,” Green said. “Most of us are just going through their fears win out over their reason and showing that maybe we haven't progressed all that much,” Green said.

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“A magic is someone who uses magic,” the Blackmagic Facebook page said, “and black harnesses the elements of the universe for destructiv purposes.”

Their words described an image of battle-ripping, which is also how their music was initialized.

Isabella Ross’s show “Bake After Work” is every Thursday-4–6 p.m., and she talks about current trends and the news. During her show, she includes a segment titled “Enzy’s Favorite Thing” where she shares a new idea, thing or event that she loves.

“I talk about anything from makeup, TV shows, food, or workouts,” Bevrey said. “I just say what I have been living for the past week, month, and year.”

Ross hopes to pursue a career in broadcasting on TV, however her goal didn’t start out this way. She planned to study education, but within a few weeks of the semester, she real-ized she hated it.

“I went into Adam Porter’s office because someone suggested him to me,” she said. Porter is a communications instructor at Parkland who works with WPCD. “I told him I really liked to talk and he said ‘yes,’ I am going to change your major.’”

In a matter of two hours, Ross’s career path was changed. In response, she said, “It was awesome.”

WPCD’s frequency covers much of central Illinois, reaching a total of 200,000 people.