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Focalin XR: Dexmethylphenidate Hydrochloride

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What does the drug do? ^{1.}

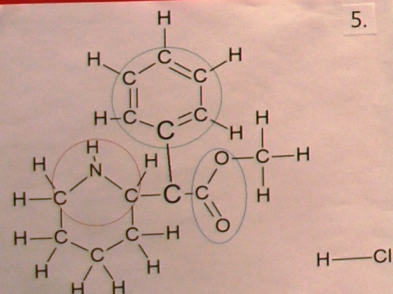
Works on the cerebral cortex with a mild stimulant effect. Causes mild CNS and respiratory stimulation with potency between amphetamines and caffeine. Effects more prominent on mental activities than on motor activities.
Also suppresses appetite.

How is the drug taken? ^{1.}

Orally, swallowed whole, 30-45 min before meals and before 6 pm to avoid insomnia. Some of the capsules can be sprinkled on food. Absorbed by the GI tract, peak effect in 1.9 hours. Effects continue for 3-6 hours. In sustained release, 8 hours. Also available in a transdermal patch.

How is the drug metabolized? ^{2.} ^{4.}

Metabolized primarily to d-α-phenyl-piperidine acetic acid (also known as d-ritalinic acid) by de-esterification (removing ester groups from it). For all forms, the body eliminates the drug in urine.



Generic Name: ^{1.}

Dexmethylphenidate Hydrochloride

Trade Names:

Focalin XR, Concerta, Daytrana, Metadate CD, Metadate ER, Methylin, Methylin ER, Ritalin, Ritalin LA, Ritalin SR

Classification: ^{1.}

Cerebral stimulant

Uses: ^{1.} ^{2.}

Used in adjunctive therapy to treat symptoms of attention deficit disorder in children and adults.
Also used to treat narcolepsy and in veterinary medicine to treat canine behavioral problems.
Unlabeled use to treat depression

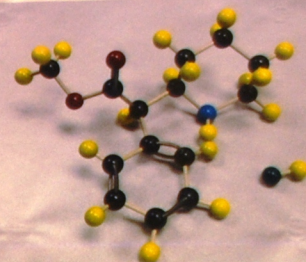
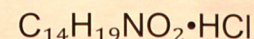
References:

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CHE106-04

Chemical Names and Formula: ^{2.}

d-threo-Form (αR, 2R)-α-Phenyl-2-piperidine-acetic acid methyl ester; dexmethylphenidate d-threo-Form hydrochloride, dexmethylphenidate hydrochloride



6.

Dosing: ^{1.}

For extended release (XR), 20-40 mg daily taken by mouth before breakfast, up to a maximum of 72 mg per day.
For regular release, 5-10 mg by mouth before breakfast and lunch, with gradual increase of 5-10 mg per week, as needed, up to a maximum of 72 mg per day.

Calculation of Molar Mass:

Element	MM	#	Total
Carbon	12.0 g/mole	14	168.00 g/mole
Hydrogen	1.0 g/mole	19	19.0 g/mole
Nitrogen	14.0 g/ mole	1	1.0 g/mole
Oxygen	16.0 g/mole	2	32.0 g/mole
Chlorine	35.5 g/mole	1	35.5 g/mole
MM of dexmethylphenidate			269.5 g/mole

Literature value for MM: ^{2.} 269.77 g/mole

Water solubility: ^{3.}

1.82 e-01 g/L (insoluble)
However, according to all sources, dexmethylphenidate hydrochloride is freely soluble, but a solubility figure on dexmethylphenidate **with** hydrochloride does not seem to be available. HCl is polar (and thus water soluble) so it is possible that the addition of the HCl makes dexmethylphenidate hydrochloride soluble.

Chosen dosage: 5 mg

Availability: ^{1.}

- Tablets: 5 mg, 10 mg, 20 mg
- Chewable tablets: 2.5 mg, 5 mg, 10 mg
- Oral solution: 5mg/5ml, 10 mg/5 ml
- Sustained release capsules: 10 mg, 20 mg, 30 mg, 40 mg, 50 mg, 60 mg
- Sustained release tablets: 10 mg, 18 mg, 20 mg, 27 mg, 36 mg, 54 mg
- Transdermal patch: 10 mg, 15 mg, 20 mg, 30 mg

Molecules per chosen dose: ^{2.}

X molecules of $C_{14}H_{19}NO_2 \cdot HCl$ =

$$\frac{5 \text{ mg } C_{14}H_{19}NO_2 \cdot HCl}{1000 \text{ mg } C_{14}H_{19}NO_2 \cdot HCl} \times \frac{1 \text{ mole } C_{14}H_{19}NO_2 \cdot HCl}{269.77 \text{ g } C_{14}H_{19}NO_2 \cdot HCl} =$$

$$\frac{6.02 \times 10^{23} \text{ molecules } C_{14}H_{19}NO_2 \cdot HCl}{1 \text{ mole } C_{14}H_{19}NO_2 \cdot HCl} =$$

$$1.115765282 \times 10^{19} \text{ molecules of } C_{14}H_{19}NO_2 \cdot HCl$$

$$\text{Rounded to 1 sig fig} = 1 \times 10^{19} \text{ molecules of } C_{14}H_{19}NO_2 \cdot HCl$$

$$X \text{ tablets} = \frac{5 \text{ mg } C_{14}H_{19}NO_2 \cdot HCl}{5 \text{ mg } C_{14}H_{19}NO_2 \cdot HCl} \times \frac{1 \text{ tablet } C_{14}H_{19}NO_2 \cdot HCl}{1 \text{ tablet } C_{14}H_{19}NO_2 \cdot HCl} = 1 \text{ tablet}$$